



District of Wunsiedel im

# Fichtelgebirge

A region to fall in love with

In the folding page: maps of cycling tours and hiking trails for cutting off and taking away!

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### Dear Guests,

For a long time Fichtelgebirge Nature Park has stolen my heart. Primarily because I grew up and I have been deeply rooted here.

However, it is also a feeling which accompanies me daily when I drive home from work or when taking a relaxing walk amongst nature in my spare time. The panoramic views lend a feeling of freedom, but also of safety and security. The unique nature of the region offers peace and relaxation, allowing you get away from it all for a while and invigorating the senses whilst immersed in the beauty of the landscapes which surround us. Only then can the recovery process begin and we are able to bring body, mind and soul in harmony and generate strength for new challenges. The wide range of leisure activities of our region offers the suitable package for all ages and all personal tastes. If you are looking for peace and seclusion you're likely to find it here just as well as active persons who find enjoyment in exercising.

**Experience Fichtelgebirge Nature Park in all its diversity.**

**Enjoy your stay and go home with a smile on your face. This I wish you from the depths of my heart.**

*Landrat Dr. Karl Döhler*



# find peace

View over the Nageler See

## Find peace

Immerse yourself in the seemingly endless vastness of Fichtelgebirge Nature Park with the beauty of nature and a peacefulness, which offers a place to relax.

Enjoy long strolls through pristine landscapes and leave your everyday routine behind and enjoy the seclusion of natural forests. Past magical forest lakes you can hike for hours. Clean bathing waters provide plenty of variety and ensure welcomed refreshment on hot summer days. Experience the cultural and culinary diversity of a region which makes you feel comfortable with warmth and hospitality.



# Time to breathe

## Time to breathe deeply – from Friday to Sunday

### Friday afternoon

Start your relaxing weekend with a stroll around the Weißenstädter See. Enjoy the afternoon sun directly on the waterfront with coffee and cake and be inspired by "Poesie am See": "Das Stundenbuch" by Eugen Gomringer, an unusual collection of poems, is perpetuated on 14 large granite steles which are situated in irregular distances on the bank. Franconian cookery invites you to have a meal in a rustic environment and to experience regional products such as "Fränkische Schnitz", a tender filet of Fichtelgebirge pasture beef or one of the diversified herbal specialities.



View from the Platte over the Seehügel to the Waldstein



Stream in Fichtelgebirge

## Saturday

Start your day with a lap of "Nordic Walking" on meadows moistened with dew at the foot of the Kösseine, one of the most beautiful peak of Fichtelgebirge Nature Park. After an extensive breakfast stroll through Wunsiedel on the trail of Jean Paul. In the centre of Wunsiedel the Fichtelgebirgsmuseum is situated, which is the largest regional museum in Bavaria. There, you will not only get to know the history of the region but also traditional crafts.

After a small lunch snack in the Museumscafé you can drive along the Porcelain Route to Selb, the capital of "White Gold" and experience the diversity of china art in the Porzellanikon.

## Sunday

What about a Sunday concert in Bad Alexandersbad or in the Egerpark in Markt-leuthen? Afterwards you could support your health in one of the health facilities in the Fichtelgebirge or relax in one of the sauna and wellness landscapes. You could also step into the cableway which leads up to the Ochsenkopf where you could let your eye wander over the wide landscape of Fichtelgebirge Nature Park and enjoy the peace.





Rock formation in Fichtelgebirge Nature Park



Climbing in Fichtelgebirge Nature Park



Oliver Weigel  
Manager wiwego - Entwicklungsagentur Fichtelgebirge

## Dear Guests,

With me Fichtelgebirge Nature Park has found its biggest fan. As an enthusiastic biker and mountain biker I can find highly varied terrain to test my biking skills again and again. A diversified country with different levels of difficulties provides the right route for everyone. Whether a comfortable trip over one of our well-kept bicycle paths or a downhill trail on the Ochsenkopf – in Fichtelgebirge Nature Park everyone can find the appropriate challenge. But not only bikers will find a wide range – also for climbing fans and runners Fichtelgebirge Nature Park has much to offer. An annual challenge is the Fichtelgebirgsmarathon for all active sportsmen.

**I wish you a stimulating expedition of Fichtelgebirge Nature Park!**



Downhill on the Ochsenkopf

## A pile of power and action

The sporting possibilities in Fichtelgebirge Nature Park leave nothing to be desired. During the summer months steep climbing rocks provide an adrenaline rush and narrow downhill trails ensure high speed. Those, who don't want all these thrills can relax in the beautiful natural scenery while Nordic Walking, hiking on the Brückenradweg (bridge bicycle path) or horseback riding.

If you are adventurous you could hike through the rock labyrinth or watch raptors hunting. Experience also the region during the winter when perfectly groomed cross-country skiing trails and ski runs for all levels await you.



Downhill on the Ochsenkopf



Climbing on the Rudolfstein

# Pure adrenaline

## Pure adrenaline in Fichtelgebirge Nature Park – from Friday to Sunday

### Friday

To warm up we suggest you discover with your bike the "Brückenradweg" (bridge bicycle path) which leads over more than 15 (partly historical) railway bridges. As a reward the pint of beer and a hearty snack in one of the beer gardens along the route have never tasted better.





On the Ochsenkopf



Rock Labyrinth



Lake of Weißenstadt

## Saturday

After the morning lap around the lake of Weißenstadt, the mountain is climbed by rope. After a comfortable lift-ride up the mountain with the Ochsenkopf cableway the guide awaits you and takes you to a zip-line ride on the longest zip line in Germany. The zip line brings you over almost 2000 m, with 12 stations and jumps, in sections over more than 400 m in one piece hanging on a rope. Afterwards you drive with Deval Carts down the ski slope. After a short pit stop you go freshly strengthened in the technical school and drive with the downhill bike over breakneck kickers and trails. Of course, there is also a weakened version in the single trail course at the Bullhead House.

## Sunday

The Sunday starts with a rich breakfast and a hike along the Eger to Hohenberg with its homonymous castle. Tighten the belt, abseil from the castle wall, get into the canoes – and go then towards the frontier. On the way back home you can decide if you want to visit the rock labyrinth, to discover the crag on the Ochsenkopf or to try out the summer toboggan run. If the time will not permit all these things, come back next weekend!

Castle of Hohenberg

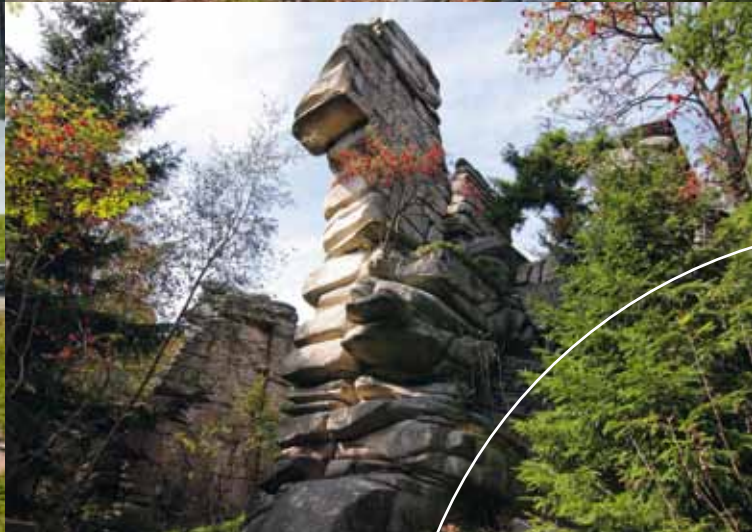


Eger valley





# Highlights



### **City park Katharinenberg/Falconry in Wunsiedel**

Experience the birds of prey park Katharinenberg which is probably the most progressive facility in Europe and became an officially recognized environment station in 2010. On approx. 20 ha more than 50 different bird species found a new home. For guests more than 350 seats are available. The aviaries are spacious and individually adjusted to the birds of prey and their living conditions.

### **Luisenburg - Festspiele Wunsiedel**

Welcome to the most ancient open-air festivals in Germany where professional actors have been involved since 1914. The natural stage is situated at the bottom of the national geotope "Rock labyrinth" not far from the festival town of Wunsiedel.

### **Rock labyrinth on the Kösseine**

The rock labyrinth is counted among the oldest geologic tourist attractions in Central Europe. In 1785 Johann Wolfgang von Goethe visited the giant granite blocks of the Luisenburg and studied this phenomenon.

### **Auenpark with natural bath in Marktredwitz**

The area of the "Grenzenlosen Gartenschau Marktredwitz-Cheb/Eger" (Borderless Garden Show) has been a popular destination for years. The Auensee with its promenade, the water and energy playground, the park terrace with kiosk as well as the viewing platform ÜberschauBar are attractions that are open year round for young and old.

### **Weißstädter See**

The lake which is roundly accessible offers the visitors relaxation, recreation and a variety of leisure activities. The easily walkable bank path over 4 km is one of the most frequented promenades of Fichtelgebirge Nature Park and

is also perfectly suited for wheelchair users. Have a break on one of the several benches around the lake and enjoy the wonderful view to the Großer Waldstein and the Schneeberg, the highest mountain of Northern Bavaria. The park and the environment of the lake are ideal to experience the harmony of the landscape and the poetry of the granite steles. The "Kleine Museum auf der Peunt" is also worth a visit. Those who are interested in culture and art will find a permanent exhibition regarding the lifework of the family Leupoldt over three generations, a meeting room which presents the work of the architect of the museum in its different developmental stages and a showroom with creations of national and international artists with the focus "concrete art".

### **Brückenradweg Tröstau – Asch (bridge bicycle path)**

Discover the nature of Fichtelgebirge Nature Park by bicycle: the Brückenradweg Bavaria – Bohemia between Leupoldsdorf and Asch ( [www.brueckenradweg.eu](http://www.brueckenradweg.eu) ) leads through the distinctive landscape of Fichtelgebirge Nature Park. The bicycle path goes family-friendly with no steep climbs on former rail trails over a dozen listed bridges, alongside many sights as well as several refreshment points.

### **Fichtelgebirge Nature Park**

The mountain chain of Fichtelgebirge Nature Park is formed like a giant horse shoe and is situated in the northeast of Bavaria. The Schneeberg and the Ochsenkopf measure more than 1000 m, wild rock towers stand up from original mountain forests and the four big rivers Main, Eger, Naab and Saale have their sources in this low mountain range in the heart of Europe and flow towards the four directions. Protected in the inside of the wooded peak chain a wide and diversified cultural landscape extends with numerous animal and plant species.



View over the Weißstädter See, picture above  
Brückenradweg Tröstau –Asch (bridge bicycle path), right picture



Building a snowman in Bischofsgrün



View from the Kösseine Tower

## Winter in Fichtelgebirge Nature Park

Experience the unique winter landscape of Fichtelgebirge Nature Park in all its diversity. Active vacationers will find for each proficiency level and every taste the suitable offer in the wide area, where rolling hills alternate with challenging slopes and dense forests. With its own regional charm Fichtelgebirge Nature Park also convinces winter guests who want to start their holidays without stress and to relax during a long winter walk or a hot cup of tea.

## Cross-country skiing

In the Nordic Park Fichtelgebirge beginners, advanced and professionals can discover the picturesque winter scenery of the snow-covered landscape on 255 km cross-country skiing trails in both classic and skate style skiing. Perfectly groomed trails with the classifications "beginner", "intermediate" and "advanced" which forms a great network of master cross-country ski runs and connection ski runs offer numerous possibilities for individual demands and requirements. Furthermore there are many night cross-country skiing trails and a snowed skiing roller course with biathlon stadium. Altogether four skiing trail systems promise diversified cross-country skiing fun. The Ochsenkopf (with approx. 100 km skiing trails) is the biggest cross country skiing area of Fichtelgebirge Nature Park, followed by Kornbach – Waldstein – Epprechtstein, Kösseine and Kornberg.

## Skiing and snowboarding

In the heart of Fichtelgebirge Nature Park ski and snowboard fans can practice to perfection. 22 ski-lifts with excellently prepared slopes which are partly covered by snow cannons, promise beginners and advanced skiers the best conditions. Funparks add variety particularly for young guests.

The ski-lift "Bleam-Alm" is the most snow reliable lift in the region and its slope length and fall is perfectly suitable for beginners. The "Klausenlift" in Mehlmeisel ensures short waiting periods with its three efficient T-bar lifts whereas the Ochsenkopf which is (as the only skiing region in Franconia) equipped with a chair lift offers real skiing pleasure with the two longest slopes of the region.

## Winter hiking and snowshoeing

In the snowy Fichtelgebirge Nature Park hiking and snowshoeing fans get their money's worth. The wintery landscape with huge icicles which hang down from typical rock formations of the mountain range and the wonderful panoramic view on the peaks turn your trip into an atmospheric nature adventure.

The Nordic Park Fichtelgebirge offers approx. 200 km winter hiking trails as well as approx. 60 km unprepared winter tracks. Snowshoe hikers can discover the inaccessible winter nature of Fichtelgebirge Nature Park on guided tours or on their own initiative.

## And much more

Fichtelgebirge Nature Park offers numerous winter activities for every age group. On toboggan slopes with a length of between 150 m and 1,5 km young and old can have a race, ice rinks and frozen lakes invite you for ice skating and ice stock sport, which has a long tradition in this region, is still practiced enthusiastically in many municipalities today. And those who want to enjoy the romantic side of the wonderful winter landscape with his partner, friends or family, should have a horse-cart ride through snowy valleys.



## Hiking in Fichtelgebirge Nature Park

Go hiking in one of the most beautiful low mountain ranges in Germany, which has its highest point on the Schneeberg with 1,053 m. On more than 3,000 km magnificent hiking trails you could walk through romantic valleys of the Eger and the Röslau, discover idyllically situated castle ruins, silent highmoors, springs, dreamy forest lakes and climb on the peaks of Fichtelgebirge Nature Park.

### Wellerthal

This hiking tour leads through a dreamy and romantic valley alongside the silently flowing Eger. Blumenthal is an idyllically situated district of Selb where in the 17th century iron ore was processed with hydraulic power from the river.

**Starting point:** Hutschenreuther ice rink Selb

**Course:** to the "Wunsiedler Weiher", from there to the "Egerweg" – from Blumenthal to the "Wunsiedler Weiher" and back to the ice rink

**Hiking trail: approx. 10 km**

**Refreshment points:** ice rink

### Zeitelmoos

A hiking tour alongside the romantic Röslau valley and through the highmoor "Zeitelmoos".

**Starting point:** Tröstau (Town hall)

**Course:** Röslau- path to Furthammer - Stollenmühle - Krohenhammer - Walkmühle - Wunsiedel - Fleißenhammer - Schneckenhammer - Wintersreuth – from here local connection to Wintersberg - Holenbrunn town centre to "Schönlinder Steigholz" – from here the "Mittelweg" to Bibersbach - through the "Zeitelmoos" - Vierst - Vordorf - Vordorfermühle – now back on the "Röslau-Weg" through Waffenhammertal to Leupoldsdorf – Tröstau.

**Hiking trail: approx. 24 km**

**Refreshment points:** Wintersreuth - Holenbrunn – Vordorfermühle - Leupoldsdorf - Tröstau

### Quellenweg (Source Path)

The so-called "Quellenweg" (black Q on yellow surface) leads on 46 km to the sources on the most important rivers along this watershed in Fichtelgebirge Nature Park. The path starts in Münchberg and goes over Zell to the source of the Saxon Saale. After crossing the road 2180 which leads from Gefrees to Weißenstadt, the source of the Eger is reached. The two rivers flow into the Elbe. Between the Schneeberg and the Ochsenkopf the Quellenweg leads to the source of the Weißmain. The Weißmain flows over the Main into the Rhein. Immediately afterwards, the source of the Fichtelnaab is reached. The Fichtelnaab flows over the Naab into the Donau. The Quellenweg leads back to the Fichtelsee to Nagel and the Nagler See, past the famous Luisenburg to Bad Alexandersbad and Marktredwitz.

The **one day hiking tour on the Quellenweg** goes to two of the four sources of Fichtelgebirge Nature Park, namely the sources of the Saale and the Eger.

**Starting point:** Camping site Weißenstadt

**Course:** Höhenweg or Seeweg - Großer Waldstein (877 m, nature reserve with viewpoint "Waldsteintürmchen") - to the source of the Saale - Quellenweg - Torfmoorhöhle - source of the Eger - Egerweg - Weißenhaid - Schönling - Weißenstadt.

**Hiking trail: approx. 20 km**

**Refreshment points:** Camping site Weißenstadt, Waldstein, Torfmoorhöhle, Weißenhaid, Weißenhaider Mühle, Schönling, Weißenstadt.

## Brückenradweg (Bridge Bicycle Path)

The Brückenradweg Bayern-Böhmen goes over more than half of its total length of 47 km on former railway tracks, a dozen listed bridges and alongside many sights. The "Hammerherrenschloss" in Leupoldsdorf or the "Wäschhäuschen" in Schwarzenhammer are only two examples of this diversity.

The western connection on the Fichtelnaab bicycle path leads over the Silberhaus and the Fichtelsee.

With rental stations for e-bikes as well as battery charging stations alongside the Brückenradweg and bike busses of the line "Fichtelgebirge mobil" there are comfortable possibilities to enjoy your bicycle trip. The bike busses are perfectly suited for the return trip or for the visit of interesting stations away from the bicycle path.

### Course:

Hammerschloss in Leupoldsdorf - Tröstau - Wunsiedel - Thiersheim - Höchstadt i.F. - Kaiserhammer - Selb - Aš.

**Length: approx. 47 km**

## Wallenstein Bicycle Path

The path was named after the famous general Albrecht von Wallenstein who was murdered in 1634 in Cheb (Eger). The path connects the towns of Cheb and Marktredwitz and over the southern route also the Stifftland with Waldsassen and Mitterteich.

### Course northern route from Marktredwitz:

Marktredwitz - Brand - Seußen - Arzberg - Schirnding - Pomezi nad Ohri - Cheb.

**Length: approx. 28 km**

### Course northern route from the Kösseine:

Kösseine (village Kössain) - Waldershof - Marktredwitz - Brand - Seußen - Arzberg - Schirnding - Pomezi nad Ohri - Cheb.

**Length: approx. 37 km**

### Course southern route from Cheb:

Cheb - Slapany - Egerteich - Waldsassen - Mitterteich - Pechbrunn - Marktredwitz

**Length: approx. 43 km**

## Sechsamterradweg Bicycle Path

This bike circuit is a challenging, sporty tour through the historical Sechsamterland which can comfortably be mastered in 3 days and has a length according to the chosen route between 95 and approx. 130 km. The starting point is freely selectable; thus you can start from Selb, Marktredwitz/ Wunsiedel or Weißenstadt.

For this tour description we choose the start from Selb: Starting point is the Sechsamter town and town of porcelain Selb with the possibility to buy porcelain and to visit the porcelain museum on the day of arrival.

### Course:

**Day 1:** Selb - Wellerthal - Hohenberg a.d. Eger - Steinhaus - Neuenreuth - Neudürlass - Thierstein - Göpfersgrün - Thöla - Lorenzreuth - Marktredwitz

**Day 2:** Marktredwitz - Tiefenbach - Juliushammer - Wintersreuth - Wunsiedel - Tröstau - Vordorf - Birk - Weißenstadt

**Day 3:** Weißenstadt - Kirchenlamitz - Niederlamitz - Hohenbuch - Großwendern - Heidelberg - Schwarzenhammer - Selb

**Length: approx. 95-130 km**





Statue of Jean Paul in Wunsiedel

## Wunsiedel

“Ich bin gern in dir geboren, Du kleine, aber gute, lichte Stadt”. (“I’m glad to be born in you, small, but sound, bright town”). This declaration of love to Wunsiedel was coined by the German poet Jean Paul (1763 – 1825). Since that time the nature of the town has hardly changed. Embedded in green valleys and surrounded by gentle hills and extensive forests, Wunsiedel is the centre of Fichtelgebirge Nature Park. As an important connection place between West and East, Wunsiedel has supported the peaceful interaction with the new neighbours since the opening of borders and gives new touristic and economic impulses by a mutual exchange. A particular attraction is the annual Fountain Festival when the 35 fountains of the town are colourfully decorated with flowers.



Pedestrian zone Marktredwitz

## Marktredwitz

Marktredwitz is situated close to the Czech border in the valley of the stream Kösseine, in the middle of the charming mountain scenery between the mountain ranges of Fichtelgebirge and Steinwald. The geographic and political position gave distinction to the town. For almost five centuries Marktredwitz was closely connected with the town of Eger and received the status of an enclave in the surrounding territory of the Sechsamterland. Since the opening of borders new contacts between Marktredwitz and Eger and new connections have been developed.



Porzellanikon Selb

## Selb

Selb is a lovely town which has in the cultural, sporty and scenic area much going for it. Known as “City of China” Selb is situated in the heart of Europe. Well-known china factories such as Rosenthal, Hutschenreuther or Villeroy & Boch have their origins here and offer in factory outlets a wide range of high-quality porcelain at a low price. Around Selb the original nature of Fichtelgebirge invites you to enjoy numerous activities. The romantic Wellerthal and the Egertal are a paradise for hikers and bikers. The nature reserve “Häuseloh” with a show quarry, the charcoal-kiln and the natural moor is unique.

## Towns, Market Towns and Municipalities

The small towns in the district offer surprising attractions such as the **granite labyrinth** in Kirchenlamitz, the **golf course** in Tröstau, the **historic church and castle buildings** in Arzberg, the **house of artists** in Schirnding and the **rustic guest houses** in Thiersheim and Höchstädt. The centrally situated towns of Röslau with its new multi-generation place and Marktleuthen with the Egerpark are **popular starting points** for trips by bike or on foot.

# Towns





Bayreuth Opera House, picture above  
Marienbad, picture right above

## Bayreuth

Bayreuth is an artist domicile and a place of fantasy and creativity. Margravine Wilhelmine brought baroque buildings of an international level to the town and here Jean Paul swung his pen for poetic puns and idiosyncratic novels. Richard Wagner created immortal works full of mysticism and drama. The virtuoso Franz Liszt enthused with its compositions on the piano. Famous artists have characterised the city, which has a special atmosphere to this day.

## Bohemian Bath Triangle

Formerly, the swinging region of the Bohemian Bath Triangle was the Riviera of Central Europe where also several poets searched for healing and inspiration. Finally, Johann Wolfgang von Goethe turned the Bohemian Baths into an embodiment of a human life plan. A popular destination right behind the borders is the town of Eger with the famous "Stöckl" and the castle buildings.

The churches of pilgrimage Maria Loreto and Maria Kulm are famous contact points for several pilgrims and offer interesting insights into the Christian past of the country. A historical highlight is the Metternichschloss Königswarte close to Marienbad, which has been European Cultural Heritage since 2008.

Also the castle Ostroh (Seeberg) and castle Loket throw a light on the aristocratic history of the region. A particular nature adventure is the highmoor Soos close to Franzensbad which can also be discovered by bike.

Get a sample of the Czech art of brewing on the marketplace of Chodova Plana, where the brewery Chodovar has brewed its excellent beer since the 16th century and serves it in the in-house beer cellar.



Marienbad, picture right  
Eger, picture middle right

# Trips



## Feisnitz Reservoir close to Arzberg

The lake with a newly built circular route is also very popular among anglers. You can hike on different ways to the lake or drive with your car to the parking space at the lake. Visit the adjacent restaurant for refreshments.



## Horseback Riding

Whether horseback hiking or rides on your own or a horse to rent - Fichtelgebirge offers numerous possibilities to have memorable riding holidays. There are horse ranches and riding associations in Selb, Röslau, Vordorf, Thiersheim, Marktredwitz, Kirchenlamitz and Marktleuthen.

## Castles and Fortifications

Particularly characterising for the district of Wunsiedel i. Fichtelgebirge are the medieval fortifications and castles. Discover the castles of Thierstein and Hohenberg with their panoramic views into the neighbouring Egerland and the robber-knights castle ruins of Epprechtstein close to Kirchenlamitz, as well as the Rote Schloss on the Waldstein.

## Nordic Walking

As a typical low mountain range Fichtelgebirge Nature Park with its extensive foothills is perfectly suited for Nordic Walking. The rolling hills ensure sufficient diversification. Challenging slopes in higher elevations offer special adventures to ambitious walkers.

## Climbing

In the highest indoor climbing wall, the Zuckerhut in Wunsiedel, you will never have cold feet due to the floor heating. On 800 m<sup>2</sup> numerous climbing walls and overhanging parts are available for professional climbers but also for beginners and children. The varied routes are frequently updated by experienced trainers and have currently a range of 26 hook lines and 3 routes with degrees of difficulty from 4 to 10.



# Leisure time

Feisnitz-Stausee close to Arzberg, picture above  
Indoor Climbing Wall Zuckerhut, picture in the middle

## Porzellanikon Selb

Porzellanikon in Selb is located in a former Rosenthal factory which closed down in 1969. More than 9,000 m<sup>2</sup> of the converted industrial site is today home to three separate museums: the European Industrial Museum for Porcelain, the Rosenthal Museum and the European Museum for Technical Ceramics. Founded in 1866 by Jakob Zeidler in 1917 the company passed into the hands of Philipp Rosenthal. Bavaria's first industrial museum has all the demure charm of the former 19th century factory.

## Porzellanikon Hohenberg

Porzellanikon with the German Porcelain Museum found a home for themselves in Hohenberg a.d.Eger, in an old, traditional building, the villa that once belonged to the director of the family-owned company C.M. Hutschenreuther. When he opened north-east Bavaria's first porcelain factory in 1814, Carolus Magnus Hutschenreuther laid the foundation for the region to become, within a short time, the centre of Germany's porcelain industry. Today, the museum shows some 12,000 exhibits, with more than 150,000 porcelain objects in its archives.

## Fichtelgebirgsmuseum

With 2.900 m<sup>2</sup> Fichtelgebirgsmuseum is the biggest regional museum in Bavaria and has a real treasure chamber of the fabulous region of Fichtelgebirge. The range of the exhibits goes from findings of the Stone Age to artworks of the present age. The history of Fichtelgebirge Nature Park, but particularly the life and culture of the inhabitants of this fascinating region is told in lively exhibitions. Every year, special exhibitions which are of supraregional interest enthralls numerous visitors. Of particular interest are the workshops where master craftsmen show their skills. Here, you can assist the craftsmen!

## Gerätemuseum Bergnersreuth

The courtyard of the Volkskundlichen Gerätemuseum (Folkloristic museum of utensils) was created in 1908 by the combination of two granges. Instead of the previous buildings more modern and functional residential and farm buildings were built. All rooms in the residential buildings were designed with stencil paintings made in the 20s, the extent and quality of these paintings are unusual for Bavaria. Documentation rooms explain the history of the farm, the economy and the family of the former inhabitants. The utensil department of the museum is housed in a modern designed barn where parts of the extensive collection of the Fichtelgebirgsverein (Association Fichtelgebirge) are presented.

MUSEUMS



Porzellanikon Selb



Fichtelgebirgsmuseum Wunsiedel



Gerätemuseum Bergnersreuth



„An goudn Appetit“

# Culinary art

## “Treat culture in Fichtelgebirge, a culinary journey through the seasons”

The old-established gastronomy of Fichtelgebirge is open all-year-round for hungry guests and offers according to seasons special highlights for the discerning palate. With its diversified cooking possibilities asparagus ensures treats in spring. Freshly cut and served with juicy ham or fresh salmon, but also typically Franconian (with delicious Bratwurst) - there is something to suit every taste. During summer the several beer gardens invite you for refreshment. Under shady chestnut trees you can enjoy a rusty snack with home-made sausage specialties, crunchy bread and a fresh Franconian beer brewed in one of the several breweries in the region. In autumn take a treat trip through the local

forests and waters. Delicious boar filet refined with local wild herbs or a freshly caught brook trout let gourmet's hearts beat faster. A tasty glass of Franconian wine matches the offer perfectly. During the peaceful Christmas time there are numerous sweet seductions. The aromas of home-made hot spiced wine and gingerbread fill the air in Franconia. By the end of the year peaceful Christmas markets invite you to linger and make the culinary discovery trip perfect.

## Goutweed-Wild Herbs-Paste Dumplings

### For 4 persons

#### Curd-Flaky Pastry:

200 g low fat curd  
200 g butter  
200 g flour  
1 pinch of salt

#### Filling:

150 g goutweed  
100 g wild herbs  
(deadnettle, nettle, ground ivy)  
2 onions  
3 garlic cloves  
2 tablespoons olive oil  
70 g hard cheese cubes  
salt, white pepper

Mix the curd, butter, flour and salt to dough. Cover the dough and leave it in the refrigerator for a few hours.

Peel the onion and the garlic and mince them finely; remove the stems of the herbs, clean, wash and dab them dry. Fry the onion in hot oil; add garlic and herbs and continue to fry for 5 min. Place the mass in a sieve for draining, gently squeeze it; chop it with a knife on a cutting board. Mix the diced cheese with salt and pepper in the vegetables. Roll out the dough, cut it into squares of 10 cm, spread the vegetables mass on them, fold the squares together, press down the edges. Place the pasted dumplings onto a baking sheet lined with baking paper and bake them for 30 – 35 min in a pre-heated oven at 190 °C.

## Carp

### For 4 persons

#### Stock:

3 l water  
1 package of „Hofer Allerlei“  
100 g salt  
100 g sugar  
1/8 l vinegar

Root vegetables:  
onion, leek, carrot, celery

Bring it all to boil in a pot and boil it for 10 min. Season the carp which is ready to cook with salt, pepper, pimento and let it simmer in the stock for approx. 20 min.

#### Sauce:

0.25 l of the stock  
1 tablespoon raisins  
40 g brown butter  
30 g sugar

1 tablespoon flour  
1/3 Leupold's spicing biscuit  
salt, pepper  
1 cube of instant vegetable stock

Caramelize the sugar in the meantime in a small pot. Pour with stock and stir it until smooth with the soaked spicing biscuit. Add raisins, brown butter and season it sweet and sour with salt, pepper and instant vegetable stock and bind it with flour.

## Grandma's recipe for "G'schling"

### For 4 persons

250 g pig heart  
250 g lung  
250 g tongue  
250 g kidneys  
250 g Kronfleisch  
(meat of diaphragm)

#### Spicery:

10 cloves  
6 juniper berries  
3 bay leaves  
5 pimento seeds  
10 ml vinegar  
0.75 l water  
Salt and pepper  
1 pinch of cinnamon  
1 big Spanish onion  
2 cube of vegetable stock  
2 tablespoons sugar

Bring it all to boil in a pot and simmer it until everything is done. Roast 3 tablespoons flour in a pot until it has the colour of coffee. Let it cool off and pour it with stock. Cut the innards in mouth-size pieces and add them to the liquid. Boil it and season it sweet and sour.





Wellness in Bad Alexandersbad



Evening atmosphere at the lake of Weißenstadt



Wellness in Bad Alexandersbad

## Bad Alexandersbad

Bad Alexandersbad, the charming mineral and moor health spa is situated at the foot of the Luisenburg, the most beautiful and oldest open-air theatre in Germany and the rock labyrinth which is unique in Europe. Embedded in the forests of Fichtelgebirge Nature Park and framed by meadows and rural idyll, the climate of a low mountain range without foehn, a romantic nativeness, clear air and the charm of Upper Franconian await you. You will find the best preconditions in the new bio energy spa for recreation from everyday life or for a twosome wellness weekend.

## Sybillenbad

Close to the Czech border in the midst of Upper Palatinate Forest the Sybillenbad is situated in the town of Neualbenreuth. The spa with radon and carbonated springs is very healthy. It is suitable in case of rheumatic diseases, strengthens your heart and your cardiovascular system and stimulates the blood circulation.

## Spa Centre Weißenstadt

The spa centre Weißenstadt am See was opened in August 2007 and is situated directly on the lake of Weißenstadt. The spa hotel offers a 4 Star atmosphere, balanced guest-house cuisine, a wonderful view and an extensive wellness and therapeutic area. Whether sauna, bathing or treating yourself to a pampering massage – you have the choice. You will find numerous possibilities how to spend your leisure time around the spa centre during winter as well as summer time. The beautiful lake and Fichtelgebirge invite you to go Nordic Walking, hiking or biking. In the spa centre you can leave behind the stresses and strains of everyday life. Feel the efficacy of radon and enjoy a mud pack or choose from more than 100 different treatments! Do something good for your health!

# Wellness and recreation



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## Imprint

Publisher:

© Landratsamt Wunsiedel i. Fichtelgebirge 2012

Conception / Design:

**jahreiss.** kommunikation foto film  
(www.jahreiss.com)

Print:

Druckkultur Späthling e.K.  
(www.druckkultur.de)



District of Wunsiedel im

# Fichtelgebirge

A region to fall in love with